



PROGRAMME



**WORLD
CEREBRAL
PALSY
DAY**

01.OCT.2014

CONFERENCE 2014
Hampden Park Stadium, Glasgow

Bobath Scotland Conference

Wednesday 1st October 2014: Hampden Park Stadium, Glasgow



WELCOME

Welcome to Bobath Scotland's very first World Cerebral Palsy Day conference. We are delighted to be able to welcome you to Hampden Park and we trust that you will find the day informative and inspiring.

Bobath Scotland's aim is to improve the lives of people in Scotland living with cerebral palsy. We provide Bobath therapy for children and adults, support families and provide training for professionals. Although we are based in Glasgow, it is very important that people from all over Scotland have access to our services. We are a small organisation and we know that we cannot achieve our aims on our own. We are therefore thrilled that so many different experts and organisations involved in delivering care and services to people with cerebral palsy across Scotland are able to be with us today.

This conference would not have been possible without the generous support of Digby Brown Solicitors. Since getting to know the staff at Digby Brown Solicitors, we have been overwhelmed by their expertise, help and encouragement of what we at Bobath are trying to achieve.

Although cerebral palsy is the most common cause of physical disability in childhood across the world, access to the right help and support can often be dependent on individuals knowing where to find it or else on where you live. We hope that by coming together on World Cerebral Palsy Day we can all make life better for people in Scotland living with cerebral palsy.

Have a great day!

Stephanie Fraser

CEO Bobath Scotland

Bobath Scotland Conference

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PROGRAMME

9.00 am **Registration opens with tea and coffee available**

9.50 am **Welcome**

Stephanie Fraser, *Chief Executive, Bobath Scotland*
Sue Grant, *Partner, Digby Brown Solicitors*

10.00 am - 12.30 pm **Presentations**

12.30 pm - 1.30 pm **Question Time with BBC Radio Scotland**

Hosted by Louise White

Panel Members:

Philip Vervaeke, *Senior Physiotherapist, Bobath Scotland*

Siobhan McMahon MSP

Professor Nicholas Watson

Elaine Boyd CA, *Treasurer, Bobath Scotland*

Keith Redpath, *Director, Community Health and
Care Partnership of West Dunbartonshire*

2.00 pm **Conference closes**

NB: The exhibits will be open from 9am and throughout the day. Please take the time to visit and find out about the many organisations providing services and support for people with cerebral palsy.

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PRESENTATIONS - Bain Suite

- 10.00 - 10.30 **The role of Botulinum Toxin in Spasticity Management in children with cerebral palsy**
Susan Horsburgh
- 10.30 - 11.00 **An introduction to Bobath Therapy for Clinicians**
Bobath Scotland
- 11.00 - 11.30 **Working with children with complex motor disorders -**
Dr Tong Hong Yeo MBChB MRCPCH, *Consultant Paediatric Neurologist, Fraser of Allander Neurosciences Unit, The Royal Hospital for Sick Children Glasgow*
- 11.30 - 12.00 **The effects of ageing for people with cerebral palsy -**
Professor Nick Watson
- 12.00 - 12.30 **Visual difficulties in CP and cerebral visual impairment -**
Kathy Spowart, *NHS GGC Clinical lead for children's visual impairment and the National MCN clinical lead*

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PRESENTATIONS - Maxwell Suite

- 10.00 -10.30 **An introduction to Bobath Therapy for families**
Bobath Scotland
- 10.30 -11.00 **Where we're from – and where we're going**
Dr Zoe Dunhill
- 11.00 -11.30 **Patient involvement and the NHS - the Neurological
Voices programme in Scotland**
Jan Anderson, *The Neurological Alliance of Scotland*
- 11.30 -11.45 **The Role of the Lawyer and Cerebral Palsy**
Sue Grant, *Partner, Digby Brown Solicitors*
- 11.45 -12.15 **Creating Accessible Living**
Chambers Macmillan Architects



HOW BOBATH CAN HELP YOU

Adults: You or someone else on your behalf should fill out the referral form from our website: www.bobathscotland.org.uk and then mail it to us at Bobath Scotland, 10 High Craighall Road, Glasgow, G4 9UD. You can also email it to the address in the form. Once we've received this application, we will send you a questionnaire to fill out. The information in the questionnaire will help us understand your condition so that we can offer you the most useful therapy options. Our Family Coordinator will then contact you to set up an assessment appointment with a physiotherapist and others if required. At the assessment appointment the physiotherapist will discuss the therapy options with you and your carer if desired and will communicate your choice to the Family Coordinator who will then try to schedule sessions accordingly. The costs of adult therapy are not covered by the NHS.

Children: Parents/carers can initiate referral to Bobath Scotland by approaching their local NHS therapy team or consultant paediatrician to refer to us. We work in close collaboration with local therapists and will contact them after we've received a referral, to obtain relevant information that will enable us to provide the best service. Our referral form can be downloaded from our website www.bobathscotland.org.uk and can be returned to: Bobath Scotland, Bradbury House, 10 High Craighall Road, Glasgow G4 9UD, or via email to the address on the form.

You can also call us on **0141 352 5000** or using the contact form on our website to discuss your therapy options.

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HOW YOU CAN HELP BOBATH

Bobath exists to transform the lives of children and adults living with cerebral palsy. Our approach enhances an individual's mobility, communication and independent living skills and thus their everyday quality of life. It costs us around £2,200 a day to provide these invaluable services, and we need to generate over £500,000 in voluntary income per annum to keep our centre running.

You can help us! We have a full calendar of fundraising events including a cycle challenge, dragon boat race, black tie dinner, ladies lunch...and many more. Why not check out our full list of events on our website www.bobathscotland.org.uk and come along!





Gimme Five!

Give Bobath a 'helping hand' this October by supporting our Gimme Five Campaign on Facebook and Twitter!



Showing your support of Bobath couldn't be easier! On 1st October help us raise awareness of Bobath Scotland by tweeting/posting a picture of yourself 'giving five' followed by the name of the person you are nominating to 'high five' you back!



Text 'HIGH05 £5'
to 70070 to
donate to Bobath
Scotland

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LIST OF EXHIBITORS

A.C.E. RaceRunning Club

Held throughout Scotland

Tel: 07531 061 307 **Email:** mpdrysdale@aol.com



Sport & Recreational activity based on the innovative Running Bike for children & adults with a physical disability affecting balance & mobility.

www.acerr.org

Allardyce Healthcare

Unit 12, Tom Johnston Road, Dundee

Tel: 01382 773600 **Email:** sales@allardyce.co.uk



We supply a wide range of healthcare products to Hospitals, Nursing Homes and other Care establishments throughout Scotland.

www.allardyce.co.uk

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Augmentative Communication in Practice: Scotland

c/o Keycomm, 1c Pennywell Road, Edinburgh EH4 4PH

Tel: 0131 311 7130 **Email:** enquiries@acipscotland.org.uk

Augmentative Communication in Practice: Scotland was established in 1991 and is a national network that links together specialist AAC services, children and adults who use AAC, statutory services and voluntary agencies. ACIP: Scotland helps to build an AAC community and works to move the provision and use of communication technology forward in Scotland. We provide information and serve as a contact point for all those interested in AAC in Scotland. We also support new services, innovative practice and AAC users through a variety of means.

www.acipscotland.org.uk



The Bambach Saddle Seat (Europe) Ltd

Unit 6, Prospect Business Park, Langston Road,
Loughton, Essex IG10 3TR

Tel: 020 8532 5100 **Email:** info@bambach.co.uk



The Bambach Saddle Seat was designed in Australia by an Occupational Therapist who took children with Cerebral Palsy horse riding. She noticed that in this position children who could only sit in a wheelchair strapped in to stop them falling out could sit on horseback on a saddle upright and unsupported. The Bambach Saddle Seat is designed to replicate the riding position and work with the natural biomechanics of the body to enable the user to sit upright and unsupported. The Bambach is available in 4 different saddle sizes and various different heights to suit varying sizes of users .

www.bambach.co.uk

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Blind Children UK

Axis House, 12 Auchingramont Road,
Hamilton ML3 6JT



Tel: 0845 37 27 436 **Email:** Glasgow@guidedogs.org.uk

Blind Children UK works together with Guide Dogs to open up the world for children and young people (0-25 years) with sight loss. We deliver a range of services comprising Habilitation, Buddy Dogs, Guide Dogs for young people, large print books and information events for their families.

For more information about our services, please contact us on:

www.guidedogs.org.uk or www.blindchildrenuk.org

Bobath Scotland

Cerebral Palsy Therapy Centre, Bradbury House,
10 High Craighall Road, Glasgow G4 9UD



Tel: 0141 352 5000 **Email:** info@bobathscotland.org.uk

Bobath Scotland is a Scottish charity devoted to improving the quality of life for children and adults with cerebral palsy. We achieve this through providing specialist therapy at our Glasgow-based therapy centre, supporting both the individual and their family/carers in a relaxed, non-clinical and fun environment. The Bobath approach enhances an individual's mobility, communication and independent living skills and thus their everyday quality of life.

www.bobathscotland.org.uk

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Capability Scotland – Corseford and Stanmore House School

Corseford School, Howwood Rd, Kilbarchan,
Renfrewshire PA10 2NT

Stanmore House School, Stanmore Road, Lanark ML11 7AR

Tel: 01505 702141 & 01555 665041

Email: sue.williams@capability-scotland.org.uk



Capability Scotland campaigns with, and provides education, employment and care services for more than 1,000 disabled children and adults across Scotland. The workforce comprises of a wide variety of roles including Allied Health professionals, Teachers, Care and Support staff.

www.capability-scotland.org.uk

CAPR-Style LTD

26 Strachan Road, Edinburgh EH4 3RF

Tel: 07804 512 186 **Email:** info@capr-style.com



Offering handmade clothing designed to reflect the needs of the wearer; CAPR-Style is here to deliver a complete line of adaptive clothing for those with special needs and disabilities. Individual designs are delivered right to your door cater for an array of additional needs. We aim to improve your quality of life through our clothing.

www.capr-style.com

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Caudwell Children

Minton Hollins Building, Shelton Old Road,
Stoke-on-Trent ST4 7RY



Tel: 0845 300 1348 **Email:** victoria.bruce@caudwellchildren.com

Caudwell Children provide family support services, equipment, treatment and therapies for disabled children and their families across the UK. We also run our Enable Sport programme for talented disabled athletes and our Destination Dreams holiday for children fighting life threatening conditions. Passionate, positive and practical, we are motivated to improve the lives of the estimated 770,000 disabled children living in the UK, starting with the 400,000 living in or on the margins of poverty.

What makes us special:

- We don't believe in waiting lists for children
- We treat families and their children as individuals
- We're a national charity with a local heart

Our management and running costs are covered by a kind benefactor so that donations go directly to help disabled children in need

www.caudwellchildren.com

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Child Brain Injury Trust

Norton Park, 57 Albion Rd, Edinburgh EH7 5QY

Tel: 0131 475 2598 **Email:** helpline@cbituk.org



We are a charity that provides emotional and practical support to children with an acquired brain injury and their families. We offer information and training for the child and young person themselves, their families and any professionals who support them. As a charity our services are free for the families we support.

www.childbraininjurytrust.org.uk

Contact a Family Scotland

Craigmillar Social Enterprise and Arts Centre (SPACE), 11 Harewood Road, Edinburgh EH16 4NT

Tel: 0131 659 2930 **Email:** Scotland.office@cafamily.org.uk



Contact a Family Scotland provides information, advice and support to parents and carers of disabled children and young people no matter what their condition or diagnosis. We have a Freephone confidential helpline, provide information through our helpline, publications and website on many topics that affect families with disabled children. We connect parents and cares with local and national support groups.

www.cafamily.org.uk/Scotland

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Digby Brown Solicitors

DIGBY BROWN .co.uk
SOLICITORS

Offices throughout Scotland including:

Glasgow, Edinburgh, Dundee, Aberdeen, Inverness and Kirkcaldy

Tel: 0333 200 5929 **Email:** enquiries@digbybrown.co.uk

Digby Brown is Scotland's largest personal injury practice. Our expertise in personal injury law, particularly in the fields of clinical negligence and serious injury, is widely acknowledged. Our clinical negligence department has particular experience and legal expertise helping parents of children with cerebral palsy who believe this was caused as a result of negligence during birth. Fortunately, most medical treatment is carried out well. However, there are occasions when treatment falls below the appropriate standard and can result in injury, such as cerebral palsy. If something goes wrong during the birth of a child then you are rightly entitled to find out what happened, why it happened and whether the negligence of a health professional was the cause of the cerebral palsy.

Making a claim against a health professional is a big step. It is important to be fully informed before embarking on such a claim. Victims of medical accidents require highly specialised legal advice in what is a complex area of law. We understand that even approaching a solicitor can be a difficult process and we offer a caring service which recognises your individual needs. Our specialist Clinical Negligence Department has for many years helped families of children with cerebral palsy, who wish to find answers and where appropriate pursue rightful and fair compensation.

Digby Brown is the only firm in Scotland to be ranked band one and tier one in both Chambers Guide to the UK Legal Profession and the Legal 500. With offices throughout Scotland, we believe we can help when it really matters.

www.digbybrown.co.uk

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Glasgow Disabled Scouts

c/o Michael Shanks (Lead Volunteer),
3/1 46 Apsley Street, Partick, Glasgow G11 7SW

Tel: 0141 562 4010 or 07880 777324

Email: info@glasgowdisabledscouts.org



We believe everyone should have the opportunity to have an adventure! We provide activities for boys aged 7 to 25 with physical disabilities and through our team of volunteer carers we offer boys regardless of their disability the chance to stretch themselves, learn new skills and make lifelong friends.

www.glasgowdisabledscouts.org

G & S Smirthwaite Ltd

17 Wentworth Road, Heathfield,
Newton Abbot, Devon TQ12 6TL



Tel: 01626 835552 **Email:** info@smirthwaite.co.uk

We are market leaders in the design and manufacture of equipment for children and young people with special needs. Our extensive range incorporates products to assist those from 8 months to 18 years old in the areas of **seating, standing, toileting, bathing, changing** and **showering**. We also have ranges dedicated to **therapy** and **sensory integration**.

www.smirthwaite.co.uk

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Homelands Trust-Fife

Paxton Centre, 14a Links Road,
Lundin Links, KY8 6AT



Tel: 01333 329039 **Email:** info@homelands-fife.co.uk

Homelands Trust-Fife (SC027281) is an independent, Fife-based charity working to improve the quality of life of people affected by disability through the provision of 4 luxury, accessible, self-catering holiday cottages for rent and a range of therapies and individual and group activities in the adjacent drop-in centre.

www.homelands-fife.co.uk

Indepen-dance

Office 226, 141 Bridgegate, Glasgow G1 5HZ



Tel: 0141 559 4930 **Email:** admin@indepden-dance.org.uk

Indepen-dance is an inclusive dance development company offering creative movement classes to people with diverse abilities, their carers, family members and volunteers. Throughout the year, the company performs work of high artistic quality created in collaboration with professional choreographers and dancers. Indepen-dance enables individuals with diverse abilities to participate in and benefit fully from a high quality arts provision. As strong believers in an inclusive approach, all our activities are offered to people with and without disabilities. Providing everyone with the opportunity to learn from each other and share a creative experience.

www.indepden-dance.org.uk

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Jiraffe

Wardsend Road, Sheffield S6 1RQ



Tel: +44 (0) 114 2853376 **Email:** hello@jiraffe.org.uk

Jiraffe – Support for Life:

Hello! Jiraffe specialises in sourcing and providing postural care equipment and support for everybody, whether they're at home, school, rest or play! With over 30 years experience of working with children and adults with special postural needs, our team are dedicated to bringing you the latest, most innovative and highest quality specialist products out there. The Jiraffe range covers all aspects of everyday life from seating and standing, to mobility and sleeping, to therapy and bathroom equipment and we're adding new products regularly too.

We stick our neck out to provide innovative postural products to people who need a little extra support!

www.jiraffe.org.uk

Moorings Wheelchair Care

WHEELCHAIR CARE



21 West Road, Greshop Industrial Estate

Tel: 01309 676677 **Email:** sales@wheelchairecare.co.uk

Manufactures and suppliers of aids to assist mobility and daily living aids from toddler to adult.

www.mooringsmediquip.com

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Neuro Physio Scotland



111 Balcarres Avenue, Glasgow G12 0QW

Tel: Glasgow 0141 255 0304, **Tel:** Edinburgh 0131 564 0404,

Tel: Inverness 01463 513 555 **Email:** info@neurophysioscotland.co.uk

Neuro Physio Scotland is a leading provider of Neurological Physiotherapy and Rehabilitation Technology. We offer specialist assessment and treatment for people with neurological conditions providing help with:

Mobility - walking / stairs / transfers

- **Hand and arm movement** – grip strength / dexterity / eating and drinking
- **Balance and co-ordination** – falls prevention
- **Stiffness** – muscle tightness / spasticity / spasms / contracture
- **Pain**

The physiotherapists at Neuro Physio Scotland all have many years experience of working in neurological physiotherapy, with conditions such as Cerebral Palsy amongst many others. We can treat you at home or in a clinic and provide you with a plan that is specific to your individual needs.

We also offer Rehabilitation Technology expertise and can provide you with latest rehabilitation aids such as Saebo dynamic arm orthotics or Functional Electrical Stimulation devices. Use of these technologies can often enhance recovery or provide lasting solutions to problems such as dropped foot.

www.neurophysioscotland.co.uk

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PAMIS

Suite 353 - 4th floor, Central Chambers,
93 Hope Street, Glasgow G2 6LD



Tel: 0141 572 0782 **Email:** glasgow@pamis.org.uk

PAMIS is a registered charity working with people with with profound and multiple learning disabilities (PMLD) and complex health needs, their parents and carers, and interested professionals. PAMIS also works in partnership with other carer organisations and is a partner in the Scottish Consortium for Learning Disability. PAMIS is the only organisation that works solely with people with PMLD and their families for a better life.

www.pamis.org.uk

PLUS (Forth Valley) Ltd

Broadleys Road, Springkerse Industrial Estate,
Stirling FK7 7ST



Tel: 01786 450086 **Email:** susan@plus-stirling.org.uk

PLUS supports children and young adults with a range of disabilities to have access to social opportunities, and valuable time with peers. This also provides parents/carers with access to regular short breaks. Offering a variety of services across the Forth Valley, PLUS continues to grow and develop services by consulting with the parents/carers and young people that we support. This has resulted in the development of projects for pre school children - including our parent and toddler group, an after school club for teenagers, and services for young adults aged 26-35.

www.plus-stirling.org.uk

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Quest 88 ltd

QUEST 88

Midlothian innovation centre, Pentlandfield, Roslin EH25 9RE

Tel: 01952 463050 **Mobile:** 07970 546257

Quest 88 is a forward thinking company and, through its designs, aims to challenge public stereotypes about therapy and mobility equipment. This is achieved by supplying functional, adaptable products which are simple to adjust and pleasing on the eye. As a national company we offer assessments and demonstrations of our Therapy products across the UK via our own product specialists, either at home, school, child development units or activity centres. Quest 88 supply cycles for cycling schemes and initiatives, supporting come and try days nationwide for prospective customers.

www.quest88.com

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The Scottish Centre for Children with Motor Impairments

1 Craighalbert Way, Cumbernauld G68 OLS

Tel: 01236 456100 Email: SCCMI@craighalbert.org.uk



The Scottish Centre for Children with Motor Impairments is part-funded by the Scottish Government to provide education and therapy services for children and young people from birth to 19 years and from all parts of Scotland who are affected by cerebral palsy and related conditions which result in disorders of movement and communication.

The Centre provides comprehensive and integrated educational and therapeutic services for children and young people with a range of neurological problems with the aim of enhancing their cognitive and motor abilities: an Early Intervention Programme, Nursery and Primary Classes and an Access to Education Programme.

Children who have complex health needs, including the need for respiratory care, seizure management, gastrostomy feeding and palliative care, have their needs met by an experienced team who have regular engagement with the appropriate medical and nursing teams.

www.craighalbert.org.uk

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SDSS

6 PURE Offices, Bonnington Bond,
2 Anderson Place, Edinburgh EH6 5NP



Tel: 0131 516 4195 **Email:** gemma@sdsscotland.org.uk

Self Directed Support Scotland (SDSS) is a national membership organisation which actively promotes Independent Living by supporting, working with and championing the aims of Self Directed Support disabled people's organisations.

www.sdsscotland.org.uk

Simple Stuff Works

Unit 4, cavendish, Lichfield Road
Industrial Estate, Tamworth B79 7XH



Tel: 01827 307870 **Email:** admin@simplestuffworks.co.uk

Sleep System Supplier

www.simplestuffworks.co.uk

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SNAP Childcare



91-93 Great Eastern Street, Shoreditch,
London EC2A 3HZ

Tel: 020 7729 2200 **Email:** info@snapchildcare.co.uk

SNAP Childcare is a specialist agency placing high calibre special needs nannies, cares, buddies and enablers to work with babies and children with additional needs. Candidates matched by experience... and personality.

www.snapchildcare.co.uk

The Soundbeam Project



Unit 3, Highbury Villas, Bristol BS2 8BY

Tel: 0117 923 7075 **Email:** tim@soundbeam.co.uk

Soundbeam has been at the pinnacle of assistive technology for music for over 25 years. Its unique motion sensors make it the only product on the market accessible to individuals who may lack the dexterity to operate tactile switches, iPads etc., and the Soundbeam Project supports a growing and enthusiastic community of over 5000 special needs organisations and individuals throughout the world. It's an easy to use, stand-alone resource, requiring no computer or complicated software. Centres in Scotland are especially well-placed to enjoy the incredible potential of this resource, with numerous local community groups and charities qualified to offer activities to support the technology.

www.soundbeam.co.uk

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Throne Accessories by KWTS

PO Box 369, Leyland, Lancashire PR25 9EL

Tel: 01772 459298 **Email:** andrew@kwtherapysolutions.com



KW Therapy Solutions Ltd are the UK Distributors of Throne Accessories. Based in Lancashire we are ideally located to supply all of the UK.

Throne toilet rail systems are a welcome alternative to most toilet aids in that they give greatly improved access and safety during toileting. The rail allows for improved safety when lowering on to the toilet and makes it easier to 'push up', rather than 'pull up'.

The system fits easily on to the users own toilet so there is no need for a tradesman to make unsightly or permanent alterations to your home. They are independent of the wall and floor reducing the possibility of falls dramatically.

www.kwtherapysolutions.com

Whizz-Kidz

4th floor, Portland House, Bressenden Place,
London SW1E 5BH

Email: h.robertson@whizz-kidz.org.uk

Whizz-Kidz transform the lives of thousands of disabled children and young people every year by providing mobility equipment that fits into their lives.

www.whizz-kidz.org.uk



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Woodcraft Folk Scotland

c/o Woodcraft Folk, Units 9/10, 83 Crampton Street,
London SE17 3BQ

Tel: 07833 051557 **Email:** scotland@woodcraft.org.uk

Woodcraft Folk is the co-operative children and young people's movement. We run hundreds of grassroots education groups in towns and cities across the UK where young people of all ages meet to play games, make friends and learn about big ideas from social justice to climate change through co-operative activities.

www.woodcraft.org.uk



Woodcraft Folk
Education For Social Change

YOUTH IS
NOT WASTED
ON
THE YOUNG

Yogability

49 Dunellan Road, Milngavie G62 7RE

Tel: 07868592881 **Email:** enquiries@yogability.org.uk

Yogability provides yoga to kids and adults with special needs as well as their carers. We work with children on a one to one basis and adults in a one to one or group session, depending on need.

www.yogability.org.uk





It matters... when it happens to your family

DIGBY BROWN 
SOLICITORS .co.uk

Supporting the work of BOBATH and helping parents of children with cerebral palsy find answers and where appropriate seek fair compensation.

To talk to someone about your family's circumstances call Sue Grant on 0131 319 8118 or email sue.grant@digbybrown.co.uk

digbybrown.co.uk

OPENING UP A WORLD OF POSSIBILITY FOR PEOPLE WITH CEREBRAL PALSY

Thank you for attending Bobath Scotland's first ever World Cerebral Palsy Day Conference. We hope you have found it both informative and educational.

Special thanks go to Digby Brown Solicitors who, without their support, this conference could not have taken place.

Bobath Scotland
Cerebral Palsy Therapy Centre
Bradbury House
10 High Craighall Road
Glasgow
G4 9UD

T: 0141 352 5000

www.bobathscotland.org.uk