

## **Head injury information Day**

# PROGRAMME & EXHIBITOR INFORMATION

**Thursday 29th May 2014**Cairndale Hotel - Dumfries

Proudly supported by:







The Head Injury Information Day is organised and run by **Digby Brown Solicitors**.

Digby Brown has worked with people with brain injury for over 30 years. Our Serious Injury team specialises in claims for people who have suffered brain or spinal cord injuries. The experience built up over this time truly allows us to call ourselves experts in our field.

We work alongside Headway, both locally and nationally, the Child Brain Injury Trust, Momentum, the Brain Injury Rehabilitation Trust and the Huntercombe Group.

We are also members of the Scottish Head Injury Forum and the Brain Injury Network Group.





#### **PROGRAMME**

10.00 am	Event registration opens
10.30 am	<b>Welcome</b> Chris Stewart, <i>Partner, Digby Brown Solicitors</i>
10.35 am	<b>Opening Remarks</b> Elaine Murray MSP for Dumfriesshire
10.45 am	Exhibits open
11.00 am	PRESENTATION Help available from Headway for families with a child or adolescent with an acquired brain injury Karen Pickering, Child and Family Outreach Service, Headway Dumfries & Galloway
11.15 am	PRESENTATION Rehabilitation Matters - A Legal Perspective Chris Stewart, Partner, Digby Brown Solicitors
11.30 am	PRESENTATION The Role of Psychology in Brain Injury Rehabilitiation John Higgon, Consultant Clinical Neuropsychologist, Crichton Royal Hospital, Dumfries
11.45 am	PRESENTATION Personal Independence Payment Jacqueline Lange, Welfare Rights Adviser, Digby Brown Solicitors
12.00 noon	PRESENTATION What difference can the Carers Centre make? Claudine Brindle, Manager, Dumfries and Galloway Carers Centre



#### PROGRAMME, cont

12.15 pm **Tea/Coffee Break & Exhibit Viewing** 

1.00 pm PRESENTATION

A programme providing information on the nature of and difficulties following an acquired brain injury
Lis Bagnall & Barbara Campbell, *Open Minds, Headway* 

**Dumfries & Galloway** 

1.15 pm **PRESENTATION** 

What difference can the Carers Centre make? Claudine Brindle, Manager, Dumfries and Galloway

Carers Centre

1.30 pm **PRESENTATION** 

The Rehabilitation Journey

Dr Alison McKendrick, Consultant Rehabilitation Medicine,

**Dumfries & Galloway Royal Infirmary** 

1.45 pm **PRESENTATION** 

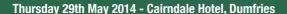
**Personal Independence Payment** 

Jacqueline Lange, Welfare Rights Adviser, Digby Brown

Solicitors

2.00 pm Event closes

Refreshments will be provided throughout the course of the event – please do help yourself.





#### **LIST OF EXHIBITORS**

#### Addaction

**Tel:** 01387 263208 / 01776 705907 **Email:** info@addaction.org.uk

Website: www.addaction.org.uk

Addaction Dumfries and Galloway provide services for anyone over 18 who is concerned about their own or someone else's drug or alcohol misuse.

#### **Brain Injury Rehabilitation Trust (BIRT)**

Graham Anderson House, 1161 Springburn Road, Glasgow G21 1UU

Tel: 0141 404 6060

Email: gahadmin@thedtgroup.org

Website: www.thedtgroup.org/brain-injury

The Brain Injury Rehabilitation Trust (BIRT) is the UK charity leading brain injury rehabilitation. It offers specialised assessment and rehabilitation services for people suffering a disability as a result of brain injury, including traumatic brain injury (TBI), stroke and other forms of acquired brain injury.



#### **Case Management Services Ltd**

350a Lanark Road West, Currie, Edinburgh EH14 5RR

**Tel:** 0131 451 5265

Email: maildesk@caseman.co.uk Website: www.caseman.co.uk

Established in 1988, our team includes case managers, psychologists, occupational therapists, physiotherapists, social workers, nurses and rehab assistants. All staff/associates are suitably qualified and experienced. We have affiliations to relevant professional organisations (including BABICM and CMSUK).

We provide a range of clinical and medico-legal services, in relation to brain injury and also for stress- related and other psychological conditions.

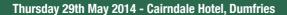
#### A Chance for Life

5 Hobson Court, Gillan Way, Penrith, Cumbria CA11 9GQ

Tel: 01768 891709

Email: admin@achanceforlife.co.uk Website: www.achanceforlife.co.uk

Brain injury case management and rehabilitation.





#### **Child Brain Injury Trust**

Norton Park, 57 Albion Road, Edinburgh EH7 5QY

Tel: 0131 475 2598

Email: helpline@cbituk.org

Website: www.childbraininjurytrust.org.uk

We provide information, support and training to anyone affected by childhood acquired brain injury. This includes the child or young person themselves, their family and the professionals who support them.

#### Citizens Advice Bureau

81-85 Irish Street, Dumfries DG1 2PQ

Tel: 0300 303 4321

Email: info@dagcas.org
Website: www.dagcas.org

#### Services provided:

- Benefits
- Money Advice
- Debt
- Housing
- Relationship
- · Work-related problems.



#### **Digby Brown Solicitors**

2 West Regent Street, Glasgow G2 1RW (offices also in Edinburgh, Kirkcaldy, Dundee and Inverness)

Tel: 0333 200 5929

**Email:** enquiries@digbybrown.co.uk **Website:** www.digbybrown.co.uk

Digby Brown is Scotland's largest personal injury practice. From our five offices in Glasgow, Edinburgh, Dundee, Kirkcaldy and Inverness, we cover the length and breadth of the country. Our expertise in personal injury law, particularly in the fields of catastrophic head and spinal injury is widely acknowledged. Digby Brown is ranked Band 1 for Personal Injury in Scotland by Chambers Guide to the UK Legal Profession and Legal 500.

In cases of traumatic brain injury a specialist solicitor is vital. Seeking rightful and fair compensation after the accident is just one aspect of the package of measures which needs to be considered and implemented to try and ensure that the process of rehabilitation and adjustment can start.

We can immediately provide advice and support on statutory benefits and how to access local authority social services through our in-house welfare rights service. We can make a real difference by arranging private rehabilitation, by assessing housing needs and, most importantly, implementing of care and case management regimes where required.





#### **Dumfries and Galloway Advocacy Service**

107 English Street, Dumfries DG1 2DA

Tel: 01387 247237

**Email:** info@dgadvocacy.co.uk **Website:** www.dgadvocacy.co.uk

We provide independent one to one Advocacy on an issue based service. We work with vulnerable clients suffering from mental health issues, learning disabilities, head injuries and generic concerns. We aim to empower clients to be heard, participate and understand information when dealing with statutory bodies and professionals.

#### **Dumfries and Galloway Carers Centre**

2-6 Nith Street, Dumfries DG1 2PW

Tel: 01387 248600

Email: info@dgalcarers.org

Website: www.dgalcarers.co.uk

Information, advice and support to carers across Dumfries and Galloway.



#### **Epilepsy Scotland**

48 Govan Road, Glasgow G51 1JL

Tel: 0141 427 4911

**Email:** helpline@epilepsyscotland.org.uk **Website:** www.epilepsyscotland.org.uk

Epilepsy Scotland's Lighthouse Service provides support services for adults who require support because they have a disability, which might be:

- · A learning disability
- A physical disability
- Mental health needs.





#### Headway (Dumfries & Galloway) Association Ltd

Afton Drive, Summerhill, Dumfries DG2 9ES

Tel: 01387 261166

**Email:** general@headway.plus.com **Website:** www.headwaydg.org

Headway House (Dumfries and Galloway) Association Ltd works across the whole of Dumfries and Galloway region. We offer support through 5 Services.

- Initial referral is made to the Adult Outreach service who meet with the brain injured individual and their family/carers in their own home or within hospital.
- Our day service runs within Headway House, operating 4 days a
  week Monday Thursday. Headway House offers each client the
  opportunity for slow stream rehabilitation, assisting in regaining
  independent living skills while working towards the persons own
  goals and targets.
- Community Support Service assists people to live in their own homes as independently as possible.
- Open Minds is an 8-week programme which offers detailed and clear information about acquired brain injury, helping people understand their brain injury and the way it impacts on their lives.
- The Child and Family outreach service offers support, advice and information to the child, their parents or carers, siblings and extended family members.



#### **The Huntercombe Group**

Tulip House, Craven Court, Willie Snaith Road, Newmarket, Suffolk CB8 7FA

**Tel:** 07920 595076

Website: www.huntercombe.com

#### Services:

- Specialist Brain Injury Rehabilitation services
- Neurological care-complex conditions
- CAMHS
- · Adult Mental Health
- Addiction.

#### Kingfish

Email: kingfish\_2414@yahoo.co.uk

My name is Dale Johnston. I had a head injury and now have my own photography business.





#### **Scottish Acquired Brain Injury Network (SABIN MNCN)**

NMCN Office, NHS National Services Scotland, 1 South Gyle Crescent, Edinburgh EH12 9EB

Tel: 0131 275 7439

Email: nss.sabin@nhs.net

Website: www.sabin.scot.nhs.uk

The Scottish Acquired Brain Injury Network's (SABIN) aim is to improve access to and the quality of services for children and adults with Acquired Brain Injury (ABI).

#### **Self Directed Support Scotland (SDSS) & DICE**

The Hub, 24-26 Friars Vennel, Dumfries DG1 2RL

Tel: 01387 257 7444 / 0131 516 4195

**Email:** info@sdsscotland.org.uk Website: www.sdsscotland.org.uk

Self Directed Support Scotland (SDSS) is a national membership organisation which actively promotes independent living by supporting, working with and championing the aims of self-directed support disabled peoples organisations.

DICE is a full member of SDSS and a community interest company providing mentorship, peer support, brokerage and practical help for you to decide what you want from life and how you can achieve it by directing your own support.



#### **Sports Driving Unlimited**

Cleuchheads, Balgray, Lockerbie DG11 2RN

Tel: 01576 610544

**Email:** info@sportsdrivingunlimited.org.uk **Website:** www.sportsdrivingunlimited.org.uk

We provide sports carriage driving for people of all ages with impairment, based at Chariots of Fire Driving Centre in Boreland near Lockerbie. Sessions are provided for individuals and for small groups. Each person receives one-to-one instruction in driving skills as well as opportunities to interact directly with the ponies whilst grooming, harnessing and feeding. We use carriages that will carry a wheelchair and drive outdoors but also indoors when the weather in wet. All instructors are trained coaches and been checked by Disclosure Scotland.

#### **Turning Point Scotland**

Newall House, 22 Newall Terrace, Dumfries DG1 1LW

Tel: 01387 247123

**Email:** D&GEnquiries@turningpointscotland.com

Website: www.turningpointscotland.com

We provide tailor made and person centred services to suit every individuals circumstance. We aim to enhance lifestyle experiences and provide independent living.



Thursday 29th May 2014 - Cairndale Hotel, Dumfries

#### **Visibility See Hear Project**

Nithbank, Dumfries, DG1 2SD

Tel: 01387 267131

Email: seehear@visibility.org.uk Website: www.visibility.org.uk

Information, advice and support to people affected by sensory loss across

Dumfries & Galloway.

### It matters...

#### when it happens to you or your family

Thank you for attending the Dumfries Head injury information Day. We hope you have found it useful and informative.

Please take a moment to complete the comments and suggestions slip to help us make future events even better.

If you would like any further information on any of the exhibitions here today, please contact:

**Kathleen** on 0141 566 9569 kathleen.mcmonagle@digbybrown.co.uk