



EDINBURGH & LOTHIAN

Wednesday 11th May 2022

SUCCESS & PROGRESS

PROGRAMME

- 9.00 am **Registration & exhibits open**
- 10.00 am **Welcome**
Chris Stewart - *Partner, Digby Brown Solicitors*
Lisa Cameron - *Chair of the All-Party Parliamentary
Groups for both Disability and Health*
- 10.30 am **Presentations begin**
- 12.00 pm **Refreshments & exhibits**
- 1.00 pm **Presentations continue**
- 2.00 pm **Comfort break**
- 3.30 pm **Event closes**

*Refreshments will be provided throughout the course of the day
– please do help yourself.*

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Share your thoughts with us on Twitter @headinjuryinfo
and don't forget to tag us in your posts using #EdinburghHiid



Wednesday 11th May 2022 - Sheraton Grand Hotel, Edinburgh

PRESENTATIONS

- 10.30 am **Small steps and new horizons in brain injury rehabilitation**
Dr Ally Rooney – *Consultant Neuropsychiatrist, The Robert Fergusson Unit*
- 11.00 am **Living life with a different brain**
Emma Feeseey – *ABI Survivor*
- 11.30 am **Keep Safe Scotland – a network of safe places for disabled and vulnerable people**
Aimee Louise McLellan – *Project Development Officer, I Am Me Scotland*
- 12.00 pm **Refreshments & exhibits**
- 1.00 pm **Half a head – how to survive, thrive and heal after brain injury**
Gemma Bromley – *ABI Survivor & Rehabilitation Worker, Visibility Scotland*
- 1.30 pm **Managing anxiety during times of transition – navigating challenges and seizing opportunities**
Dr Andrew Harrison – *Consultant Clinical Psychologist, Case Management Services*
- 2.00 pm **Comfort break**
- 2.15 pm **Utilising digital technology to enable participation after brain injury: the challenges, complexities and exploring the solutions**
Julie King – *Occupational Therapist & Lecturer, Royal College of Occupational Therapists Scotland & Queen Margaret University*
- 2.45 pm **What music do you like? – an exploration of music therapy and identity in neurorehabilitation**
Jenny Laahs – *Music Therapist, Music Services Scotland Nordoff Robbins*

WORKSHOPS

- 10.30 am **Easy seated exercise session**
Easy exercise routine designed to maintain and improve quality of movement and posture. Perfect to start the day to give it a little “UMPH” in a fun way.
Rafal Szejna – *Physical Activity & Rehabilitation Supervisor, Edinburgh Headway Group*
- 1.30 pm **Therapeutic art**
A brief introduction and description of the benefits of art making for people with acquired brain injuries. An opportunity to make your own affirmations with art material provided and the chance to discuss these with the group.
Mairi Perry Littlejohn – *Rehabilitation Lead and Kate Bartanusz – Rehabilitation Assistant, Edinburgh Headway Group*



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LIST OF EXHIBITORS

Anne Cossar & Associates Ltd

Brain Injury Rehabilitation Trust:
Graham Anderson House

Calvert Reconnections

Case Management Services Ltd

Compass

Digby Brown Solicitors

Disability Information Scotland

EARS Independent Advocacy Service
(SCIO)

Edinburgh Headway Group

Encephalitis Society

Epilepsy Scotland

Euan's Guide

Fast Aid Products

Guide Dogs Scotland

Health in Mind

The Huntercombe Group – Part of
Active Care Group

I Am Me Scotland

JS Parker Ltd

Lothian Centre for Inclusive Living (LCiL)

Lothian Disability Sport

MyLife Healthcare

Neuro Physio Scotland

Neurotherapy Services Ltd

Pogo Digital Healthcare

Scottish Acquired Brain Injury Network
& ABI E-Learning Site

Smartbox Assistive Technology

Survivors Supporting Survivors

The Robert Fergusson Unit – NHS
Lothian

Tilney

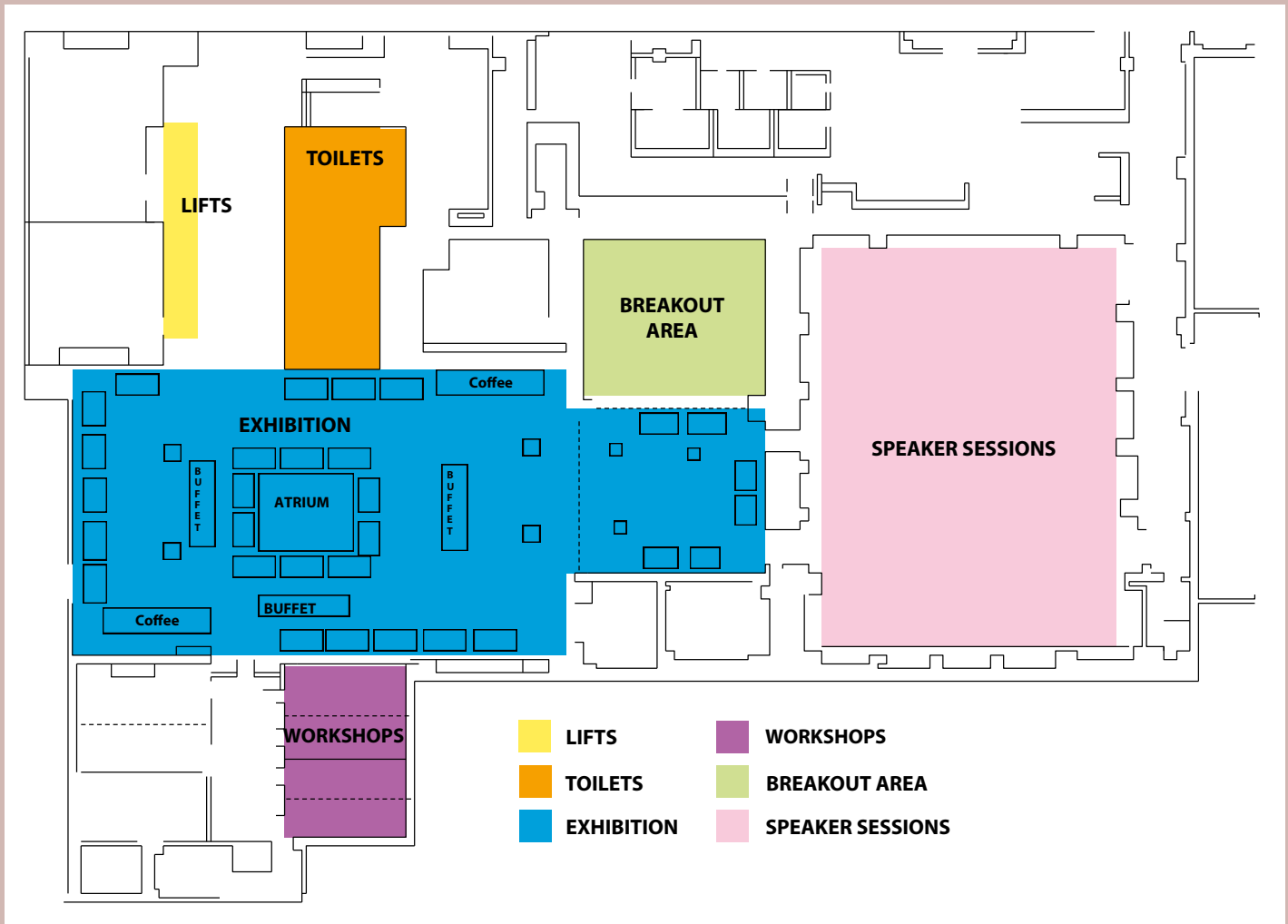
Visibility Scotland

Further information on all exhibitors can be found on the Head Injury Information Directory website - www.hiid.org.uk

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FLOOR PLAN



The Head Injury Information Day is organised and run by **Digby Brown Solicitors** in support of the Edinburgh brain injury community. We would like to extend a special thank you to the Edinburgh Headway Group for their support and for organising and facilitating today's workshops.

Digby Brown Solicitors has worked with people with brain injury for over 40 years and our serious injury team specialises in personal injury claims for people who have suffered brain or spinal cord injuries.

If you would like to speak to a solicitor, contact **Chris Stewart** on **0141 566 9541** or **chris.stewart@digbybrown.co.uk**

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